



Kukkiwon Age and Time Period Regulations

Effective from [29th February 2021](#)

2. [Standard Table of Time & Age limits for Promotion]					
Poom Dan	Division	Minimum time Required for promotion	Age limits for promotion		Application of 'Time & Age
			Start from Dan	Start from Poom	
	1 poom	Non	Non	Less than 15 years old	<p>● 1,2,3 Poom holder, being 15 years of age or above, is the same grade of Dan holder. Also can have the Dan Certificates when they want to change their Poom certificates.</p> <p>● One who started from Poom may have the privilege of test application with shortened time limits until 5th Dan promotion.</p> <p>● All applicants should have passed the minimum time and age required for promotion.</p>
	1→2 poom	1 year	Non	Less than 15 years old	
	2→3 poom	2 years	Non	Less than 15 years old	
	3→4 poom	3 years	Non	Less than 18 years old	
	1 Dan	Non	15 years and above	Non	
	1→2 Dan	1 year	16 years and above	15 years and above	
	2→3 Dan	2 years	18 years and above	15 years and above	
	3→4 Dan	3 years	21 years and above	18 years and above	
	4→5 Dan	4 years	25 years and above	22 years and above	
	5→6 Dan	5 years	30 years and above	30 years and above	
	6→7 Dan	6 years	36 years and above	36 years and above	
	7→8 Dan	8 years	44 years and above	44 years and above	
	8→9 Dan	9 years	53 years and above	53 years and above	