

ATHLETE PROFILE

Name: Steven Currie

DOB: 29/07/1979

Club: Melbourne Tae Kwon Do Centre-Malvern/Glen Waverley

Past: Fighting Lyons & Team Carlo

Career Highlight:

Winning 2 World Para Championships in 2 different weight classes (2010 & 2013)

Weight Division: -75 KG

Sports Class: K44

ABOUT YOURSELF:

I was born in the small country town of Benalla, two hours outside of Melbourne where I grew up with my parents and my two younger sisters. As a young child I enjoyed the country life; my weekends were full of exciting things to do. Friends and I would often go fishing, motorbike riding, camping or play sports such as Australian Rules football, basketball and cricket.

We have family in Germany and were lucky to have had the opportunity to travel to Europe at a young age and to experience some of the wonders that travelling throughout the world has to offer.

I moved to Melbourne when I was 21 and started a career as an electrician. Sadly this was cut short as in 2005; (at the age of 25) I had the motorbike accident whereby I permanently lost the use of my left arm. Now I'm employed as drafter/modeller for a building services engineering company.

Outside of Taekwondo and work, my time is spent enjoying the company of family and friends at social events, watching the football and when I can, travelling to experience different foods, cultures and countries.

WHEN DID YOU START TAEKWONDO AND WHY:

I initially started Taekwondo when I was 12 years old though gave up after a year as I wanted to try a number of different sports throughout my childhood.

I then began again at a small Taekwondo club of about 10 members in Preston at the age of 21 (in 2001) just after moving to Melbourne.

I had a number of reasons for starting, the first was life felt somewhat unfulfilled to me at that stage. Working and catching up with friends on weekends was good but I often thought that something was missing and it was time that I needed to find an activity/ sport or hobby.

Secondly it made sense that I learn how to defend myself if needed. I had been bullied in my earlier teenage years and having grown up in a small country town I really didn't know what to expect after moving to Melbourne.

Once having started Taekwondo training, I've never looked back and without a doubt my journey over the past 18+ years has been one of the most rewarding experiences in my life.

OTHER SPORTS PLAYED:

I've played cricket, AFL football, basketball and tried a handful of other sports martial arts from time to time though I've never really committed to any of these long-term. To keep fit and balanced outside of Tae Kwon Do, Pilates and strength training at the gym have become an essential part of my weekly routine.

AMBITION:

At close to 40 years young and battling multiple challenges within my life, qualifying for the Paralympics would be an amazing achievement and once I have completed this goal my focus will shift towards aiming for a podium finish.

WHAT IS GREAT ABOUT TAEKWONDO:

There are many benefits of participating in Taekwondo at any level, be it at your local club or competing internationally though for me personally it has played a significant role in maintaining my mental and physical health and well-being throughout the course of my life.

SOMETHING YOU DIDN'T KNOW ABOUT ME:

I have a very tiny, little chocolate addiction whereby if it's in the house it tends to disappear without a trace usually within 24 hours. I attribute this to being "goal orientated" and when I put my mind towards finishing something I like to do this very efficiently!

SOCIAL MEDIA LINKS:

Facebook-Steven Currie

TOP 5 CAREER RESULTS -

- 11 May 2010. 2nd World Para Taekwondo Championships. Venue: St Petersburg, Russia. Division: -80kg A6 Para Taekwondo. Place: Gold
- 15 May 2011. Gold Coast Open. Venue: Carrara Stadium, Queensland. Division: -74kg Open. Place: Gold
- 22 November 2012. 3rd World Para Taekwondo Championships. Venue: Santa Cruz, Aruba. Division: -80kg A6 Para Taekwondo. Place: Silver
- 08 June 2013. 4th World Para Taekwondo Championships. Venue: Lausanne, Switzerland. Division: -68kg A5/6 Para Taekwondo. Place: Gold
- 21 June 2014. 5th World Para Taekwondo Championships. Venue: Moscow, Russia. Division: +75kg K42 Para Taekwondo. Place: Silver