

ATHLETE PROFILE

Name: Damon Cavey

DOB: (25/12/1997)

Club: Whiteways Taekwondo

Career Highlight: Gold Medal at the Croatia Open 2018

Weight Division: -63kg

ABOUT YOURSELF:

Damon began training and competing in England at the age of five. He then moved to Australia with his family in 2005 and began training with Whiteway's Taekwondo.

Damon's Australian Taekwondo career began in 2006 where he won Gold in his hometown of Adelaide at the Australian National Championships. In the thirteen years since, Damon has been selected for a multitude of international events, both as a junior and a senior, including the World Championships and Oceania Championships.

In recent times Damon has secured Gold medals at the Canadian Open and the Croatia Open.

Now living and training in Melbourne at the High Performance Hub, Damon hopes to achieve his future goal of medalling at the Olympics.

WHEN DID YOU START TAEKWONDO AND WHY:

At age five because my brother and sister were training already.

AMBITION (e.g. Olympic gold): To be an Olympic Medallist

WHAT IS GREAT ABOUT TAEKWONDO:

Being able to travel all over the world and competing against the best.

SOMETHING YOU DIDN'T KNOW ABOUT ME:

SOCIAL MEDIA LINKS:

<https://www.facebook.com/damoncaveytaekwondo/>

TOP 5 CAREER RESULTS

Croatia Open – Gold

Canadian Open – Gold

US Open Bronze

Kimunhyong Cup Bronze