

ATHLETE PROFILE

Name: Kyah English

DOB: 21/03/1999

Club: Melbourne Taekwondo Centre

Career highlight: Making the world championships in 2017

Weight division: -53kgs

About yourself:

I'm from Melbourne and I started Taekwondo at the age of 7. I competed overseas for the first time at the age of 16 as a junior in the Spanish open in 2015. My first international medal was the US open in 2016, Bronze in the junior -52kgs. Since then I've been lucky enough to compete in multiple countries and have collected a few medals along the way. I was a part of the 2017 world championship team and gained lots of good experiences if anything. I'm currently studying a Bachelor of Science and Masters of Dietetics at LaTrobe University.

Other sports I played:

I've dabbled in many sports! I've done swimming, dance, circus, Tennis and was quite competitive in Netball until I had to make the decision between it and Taekwondo.

Ambitions:

Like most others my goal is to make it to the Olympics and making as many world championship teams as possible. I'd love to be the second member from Melbourne Taekwondo Centre to medal at a World Championships!

What's great about Taekwondo:

Taekwondo has connected me to so many people around Australia. I have made so many amazing connections and friends through the sport. Not many people who don't do Taekwondo would know what we have to give up and sacrifice for a sport that has little funding and resources.

Something you didn't know about me:

I've never been overseas for any occasion other than to compete in a Taekwondo event.

Social media:

Instagram: kyahenglish

Top 5 career results:

- Bronze US Open 2016
- Gold at the Australian world championships selections
- Bronze Canadian Open 2017
- losing quarterfinals in golden point to the current -53kg world champion at the Sofia Open 2018
- Silver Oceania championships 2018