

## **ATHLETE PROFILE**

**Name:** Stacey Hymer

**DOB:** 02/07/1999

**Club:** Notorious Martial Arts

**Career Highlight:** Gold medal at the Oceania Championships 2017.

**Weight Division:** -57kg

### **ABOUT YOURSELF:**

The first stages of my taekwondo career began at a traditional club that focused on poomsae and self-defence. Moving to a sparring motivated club, my love for taekwondo grew, where I excelled in competitions at a national level. Then continuing forward to a further enthused sparring club and then my current position in the High Performance Hub (HPH) in Victoria, my taekwondo journey truly began on an international level competing in vast events around the world.

### **WHEN DID YOU START TAEKWONDO AND WHY:**

At age 4, I was heavily influenced by my older brother and father to begin taekwondo.

### **OTHER SPORTS PLAYED:**

- Soccer AGSV
- Softball AGSV
- Athletics 200m sprint & 4x800m relay

**AMBITION:** To be an Australian Olympic and World Championship medallist.

### **WHAT IS GREAT ABOUT TAEKWONDO?**

Taekwondo gives us the ability to travel internationally, to train and compete against the best athletes, with the bonus aspect of gaining lifelong friendships along the way.

### **SOMETHING YOU DIDN'T KNOW ABOUT ME:**

Other hobbies include fashion, music and eating foods from all cultures. Studying Bachelor of Science (Food Technology and Nutrition) at RMIT University.

### **SOCIAL MEDIA LINKS (e.g. your Instagram/facebook etc):**

<https://www.facebook.com/stacey.hymer>

<https://www.instagram.com/shymer/>

**TOP 5 CAREER RESULTS –**

- Gold National Champion 2016
- Junior World Championship Team Canada, 2017
- Silver Presidents Cup Tahiti, 2018
- Gold Oceania Champion Tahiti, 2018