



**Australian
Taekwondo**

NCAS Overview for Coaches

1 March 2017

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AUSTRALIAN TAEKWONDO COACHING FRAMEWORK

Coach Education is a key component of Australian Taekwondo's strategic plan.

Coaches at all levels play a crucial role in ensuring that Taekwondo is an enjoyable experience for everyone, as well as laying the foundation for the development of better players.

To meet this strategic objective the coaching framework has been reviewed and expanded to provide further education opportunities for all coaches within the Australian taekwondo community.

The Australian Taekwondo Coach Education Development Framework is designed to develop coaching at all levels of Taekwondo – from grassroots to high performance.

The NEW AT Coach Education Framework and Training Programs purpose is to:

- ✓ Accredit and retain coaches within the National Coach Accreditation Scheme.
- ✓ Encourage and support coaches of all levels to participate and improve their skills.
- ✓ Provide development for coaches in Participation and High Performance pathways.
- ✓ Meet the needs of athletes in specific competition environments.

NCAS ACCREDITATION: Why is it important?

- ✓ Only National sporting organisations (NSO's) recognized by the Australia Sports Commission (ASC) are eligible to be part of the scheme, and are expected to be part of the scheme.
- ✓ NCAS Accreditation provides government accreditation to all coaches and a clear, transparent progression and or selection for interested high performance coaches wishing to coach for Australia.
- ✓ The NCAS Framework is the backbone of accreditation for Australian coaches and will be required for all coaches wishing to represent Australia and coach at Australian Taekwondo sanctioned competitions.
- ✓ The NCAS has been designed to align with the current operation of Taekwondo coaches and the latest research on best practice coach education.

What coaches need to know?

It is important that coaches understand that this is a new system and those coaches previously holding an NCAS accreditation are qualified to apply for Recognition of Current Competency (RCC) and should do so urgently as the deadline is ~~28 February 2017~~ **Extended to 31 March 2017**.

- ❖ All information is on the Australian Taekwondo website under resources section

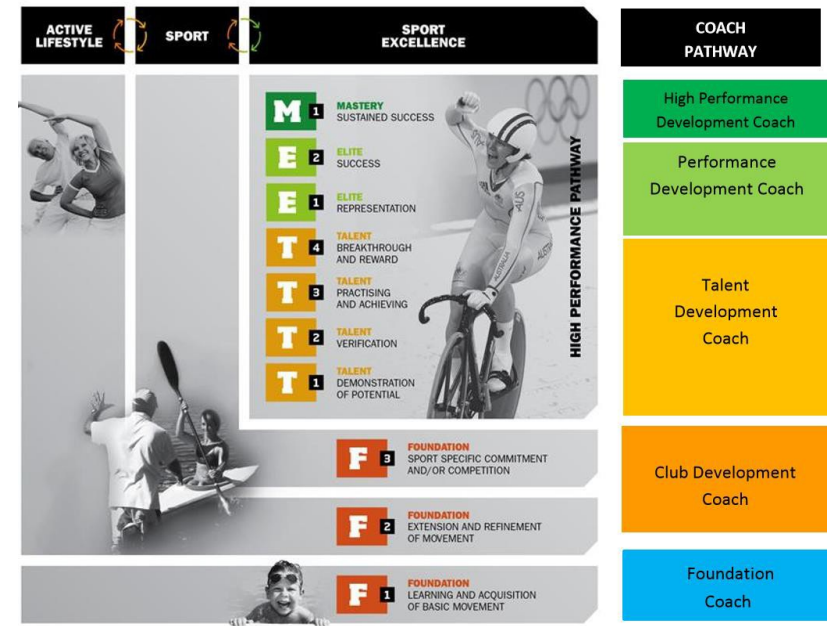
NCAS Framework is Based on the FTEM Model

The Australian Institute of Sport (AIS) has developed a new framework to capture these different pathways and address the current shortfalls in applied research and practice specific to athlete development. It is called FTEM.

What is FTEM?

FTEM (Foundations, Talent, Elite and Mastery) is a user-friendly framework of sporting development that is representative of the ‘whole of sport’ pathway continuum.

It integrates three key outcomes of sport participation: active lifestyle, sport participation and sport excellence. It provides a practical method to assist sporting stakeholders to construct a more functional athlete and sport development system.



Taekwondo participants can be divided into two streams: those that are playing for fun, and those that are playing to reach the highest level possible. These are often referred to as ‘Recreational’ (Martial Art) and ‘Competitive’ (Sport). The NCAS Education Program provides for coaches working with athletes of all levels.

The Foundation Coach and Club Talent Coach courses are for those coaching at club level. They are structured around how clubs operate. They are affordable, easy to access, with a strong ‘learning on the job’ emphasis.

The Sport Talent, Performance and High Performance courses are focused on the coaching of potential elite and elite athletes with intensive courses aimed at those who intend to become High Performance coaches, producing podium results for Australia at benchmark events.

The AT Coach Education Framework is part of the unified whole of sport pathway that provides maximum opportunity to increase participation numbers, the level of interest in Taekwondo competition and the quality of our participants.

NCAS ROLLOUT

Phase 1

Already in action, deadline ~~28 February 2017~~ **Extended to 31 March 2017**

Club Talent Coach Level

- ✓ RCC (Recognition of current competency) This accreditation replaces the old NCAS Level 1 and requires coaches that have previously held NCAS accreditation to apply and transfer to a Club Talent Coach Accreditation.
- ✓ Once the coach has accreditation as a Club Talent Coach they are qualified to begin to mentor their Foundation Coaches within their club for NCAS accreditation
- ✓ No charge for processing in this phase and provides for recognition and transfer of accreditation.

Do you need Club Talent Coach Accreditation?

YES, if you need the following:

- ✓ Required accreditation for State & National championships/ Festival.
- ✓ Qualifies the coach to mentor foundation coaches within their club to NCAS accreditation.

NCAS ROLLOUT

Phase 2

Pilot Program commences 1 March - 1 June 2017

Do you need Sport Talent, Performance or High Performance Accreditation?

YES if you wish to participate in the following levels:

- ✓ Working with athletes that compete in national selection competitions or international competition levels.
- ✓ Coach on the Australian National Team at benchmark events.
- ✓ Mentor others within the NCAS High Performance

Phase 3

- ✓ 1 Jul-1 Aug 2017: Applications open for Sport Talent, Performance and High Performance Accreditation course.
- ✓ Nov 2017, to be held at AIS, date to be advised:
 - ✦ Two-day course Sport Talent Coach, Performance Coach and High Performance Coach Accreditation course.
 - ✦ 1st Australian Taekwondo National Coaches Conference.