



Athlete Guide

PERFORMANCE PATHWAY DEVELOPMENT & ID COMPETITION

New South Wales, February 5, 2022

WELCOME

Welcome to the Performance Pathway Development and ID Competition at the Whitlam Leisure Centre.

We're looking forward to a fantastic two days of competition and want to make sure you have the best experience possible.

This athlete guide will contain all you need to know about the event. We ask that you take a moment to read the information provided carefully before arriving at the event.

If you have any questions or concerns regarding the competition, please direct these to us via email (before the event start date) at events@austkd.com.au

Thank you for being part of the Performance Pathway Development and ID Competition and supporting the event. We look forward to seeing you across the weekend and wish you the best of luck.

Kind regards,

Ali Khalil

Performance Pathway Lead
Australian Taekwondo

01 EVENT OVERVIEW

COMPETITION VENUE

Whitlam Leisure Centre
90 Memorial Avenue
Liverpool, NSW 2170

COMPETITION DATES (UPDATED)

February 5, 2022 (Saturday)
Seniors – All Belt Levels

February 6, 2022 (Sunday)
Youth, Cadet & Junior – All Belt Levels

02 TIMETABLE

WEIGH-IN

Saturday Competitors:

Whitlam Leisure Centre
Friday February 4, 2022
10:00am – 12:00pm and 5:00pm – 7:00pm

Sunday Competitors:

Whitlam Leisure Centre
Saturday 5th February 2022
8:00am – 10:00am

COMPETITION

Saturday 5 and Sunday 6 February 2022 (Kyorugi only)
9:00am start

Timetable is subject to change depending on the number of entries. Any changes will be notified post-closing of entries.

03 CONTESTANT ELIGIBILITY

- AGE:** Must be minimum 10 years of age as at 31 December 2022
- RANK:** Blue Belt and Above
- MEMBERSHIP:** Entrants must be registered members of Australian Taekwondo and in good standing with the organisation at the date of registration, with no outstanding financial obligations.

04 ENTRY & SPECTATOR FEES

REGO FEE	ENTRY FEE
Sparring	\$ 90.00
SPECTATOR TICKET	
Adult	\$ 20.00
Infant (5 and under)	FREE
Child 6 - 15 years	\$ 10.00
Family (2 Adults & 2 Children)	\$ 50.00

05 COACH ACCREDITATION

Coaches must register online [HERE](#) by the Entry Closing Date to receive a Coaching Pass.

Access to the competition floor will be denied without the Pass.

06 RULES

WEIGH-IN:

Minimum and maximum dress code during weigh-in will be underpants for males, and underpants and bra for female athletes.

Separate female and male weigh-in facilities will be provided. Zero weight tolerance will be applied.

KYORUGI:

The competition format is a single elimination tournament system.

07 ENTRY OPEN / CLOSE DATE

ENTRIES OPEN

Online entries open Tuesday, January 4 2022.

[CLICK HERE TO ENTER](#)

Payment may be made by Visa, MasterCard or PayPal. Please refer to the Australian Taekwondo refund policy available on the website.

ENTRIES CLOSE

The closing date for entries is midnight Friday 21st January 2022.
Late entries will not be accepted.

08 KYORUGI WEIGHT CATEGORIES

Senior Weight Categories: (18yrs+)

Gender	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
Over	-	-	54	46	58	49	63	53	68	57	74	62	80	67	87+	73+
Under	54	46	58	49	63	53	68	57	74	62	80	67	87	73	-	-

Junior Weight Categories: (15-17yrs)

Gender	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F		
Over	-	-	45	42	48	44	51	46	55	49	59	52	63	55	68	59	73	63	78+	68+
Under	45	42	48	44	51	46	55	49	59	52	63	55	68	59	73	63	78	68	-	-

08 KYORUGI WEIGHT CATEGORIES

Cadet Weight Categories: (12-14yrs)

Gender	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F	M	F
Over	-	-	33	29	37	33	41	37	45	41	49	44	53	47	57	51	61	55	65+	59+
Under	33	29	37	33	41	37	45	41	49	44	53	47	57	51	61	55	65	59	-	-

Youth Weight Categories: (10-11yrs)

Gender	Male and Female														
Over	-	19	22	25	28	31	34	38	42	46	50	55	60	65	70+
Under	19	22	25	28	31	34	38	42	46	50	55	60	65	70	

09 KYORUGI MATCH DURATION

ROUND TIMES

Round times may change due to the number of entries received and any updates will be notified post closing of entries.

Age Group	Belt	Round
10-11 (No Head Kicks)	All belts	3 x 1.5 minutes
Cadet 12 - 14 (No Head Kicks)	Blue	3 x 1.5 minutes
Cadet 12 - 14 (Head Kicks)	Red	3 x 1.5 minutes
Cadet 12 - 14 (Head Kicks)	Black	3 x 1.5 minutes
Junior 15 - 17 (Head Kicks)	Blue & Red	3 x 1.5 minutes
Junior 15 - 17 (Head Kicks)	Black	3 x 1.5 minutes
Seniors (Open) 18+ (Head Kicks)	Blue & Red	3 x 1.5 minutes
Seniors (Open) 18+ (Head Kicks)	Black	3 x 1.5 minutes

10 EQUIPMENT

COMPETITION:

Daedo Gen-2 electronic body and head protectors will be provided at the time of competition. The competition will be conducted on mats.

ATHLETES:

Athletes must provide and wear a AT recognised dobok, and groin guard, shin guards, arm guards, sensor socks and hand gloves, and clear or white mouth guard for the competition.

Athletes must supply their own WT approved sensor socks and gloves. These will not be provided by the Organising Committee of the event, but limited supplies will be available for purchase at Registration.

All contestants will be required to proceed to the Inspection Desk before entering the competition area. Any contestant wearing unofficial equipment will not be permitted on the competition floor.

11 LIABILITY

All participants partake in the competition at their own risk.

While all care is taken, the Organising Committee and their representatives take no responsibility, under any circumstances, for any damages, injuries or loss to individuals or equipment.

12 PRIVACY

Personal details collected are solely for the purpose of this competition.

Health information regarding existing conditions/allergies etc. is for Event Management records only and to support medical personnel.

To learn more about Australian Taekwondo's Privacy Policy, please [click here](#).

13 PHOTOGRAPHY & VIDEO RECORDING

By entering to compete or officiate at this Event you are agreeing to have your image taken while in the Venue by Australian Taekwondo and its official representatives, the media, and members of the public.

In addition, you are agreeing to have your image shown on Australian Taekwondo's social media, website, video, eNews, TV and any other forms of publication.

14 QUESTIONS & UPDATES

QUESTIONS

If you have a question that is not covered in this invitation, please email Event Management: events@austkd.com.au

UPDATES

For event information and updates please visit:

[AUS TKD website](#)

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